



PORMPUR PAANTHU NEWS WEEK

ISSUE 91: 21 February 2022

Several events cancelled due to COVID

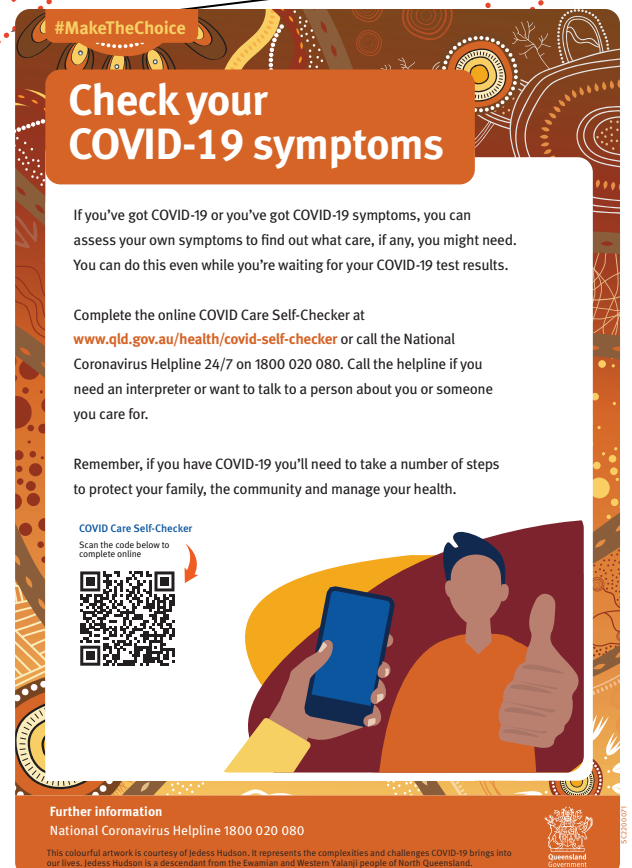
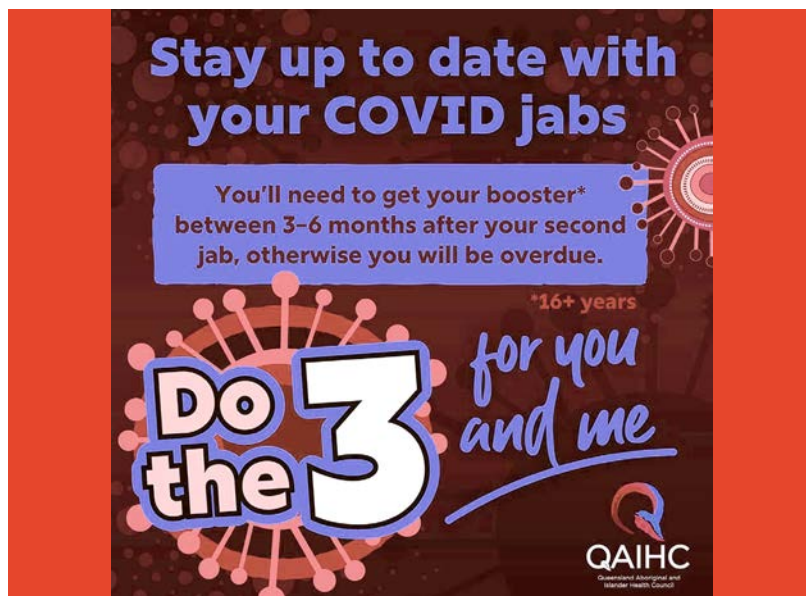
Several PPAC events on the PPAC calendar, including large group activities, are cancelled until further notice due to current COVID situation.

The Indigenous Drivers' Licensing Unit (IDLU) has also apologised for delaying their visit due to the current COVID-19 outbreak, as has the Blue Card mob.

PPAC CEO Ganthi Kuppusami said management and staff would do their best to keep everyone informed as the situation changed.

Contact PPAC if you have any questions, or are in need of assistance.

Contact: Indigenous Licensing at IDLU@tmr.qld.gov.au or on 1800 130 886



Self isolating after a test

You must go home **immediately** after a COVID-19 test and stay there until you get your result. This means:



Do not go anywhere on your way home

Do not go to the shops, chemist or visit anyone after getting tested. Arrange for someone to deliver anything you need, or call the Community Recovery Hotline: 1800 173 349.



Do not have visitors

Do not let anyone else into your house. You can only let someone in if they live with you, are providing medical care, or it's an emergency. You must tell anyone entering your home that you are self-isolating.



Do not go out

Do not leave where you are staying until you receive your test result, except in an emergency. Get things you need dropped off – food, medications, and essentials



Stay in your room

If you live with other people – stay in your room and wear a mask if you must enter shared rooms. If possible use a different bathroom to other household members.



Practise good hygiene

Wash your hands regularly with soap and water or use hand sanitiser. Cough or sneeze into a tissue or your elbow.



Get help if you are sick

Call your doctor or 13 HEALTH (13 43 25 84) if you need medical care. Advise them that you are awaiting results for a COVID-19 test.

Wait for your test results: You will receive a text message or a phone call.



If your test result is **negative**, you can leave your home if you feel better. Continue to practise good hygiene. Keep 1.5 metres (two big steps) away from other people.

If you are **positive** you must quarantine for 7 days.

If you test positive on a RAT test you must report it to your QLD health facility or 134 COVID (13 42 68)

Further information

National Coronavirus Helpline 1800 020 080

This colourful artwork is courtesy of Jedess Hudson. It represents the complexities and challenges COVID-19 brings into our lives. Jedess Hudson is a descendant from the Ewamian and Western Yalanji people of North Queensland.



ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING,
CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY